



### **Sterilization Marking Scheme**

You are one of the registrars in clinic. A 34 year old (para 4+0)/ 25 year old (para 1+0) comes in to hospital to request sterilisation. She is tired taking the pill and her husband does not like wearing condoms. Discuss with her sterilisation explain the risks and procedures.

*Introduction (1)*

*Check correct patient (1)*

*History – further family, existing kids, partner reasons for contraception, why not using less permanent contraception. (3)*

*Discuss possibility of male sterilisation – small op, LA bruising haematoma and easier to reverse. (1)*

*Explain procedure. GA laparoscopic clips to occlude vessels or hysterectomy (3)*

*Risks: irreversibility alternative methods of contraception (1)*

*10% regret decision 18months post-op 1% seek reversal (usually younger and single) (1)*

*Failure rates and subsequent risk of ectopic (1)*

*Laparoscopy may fail and need to be laparotomy (1)*

*Male need 2 clear semen before stopping alternative contraception (1)*

*Females need to wait till next menstrual period (1)*

*Bernard Robertson, ESSS Vice-President, May 2009*